



UNIVERSITY OF THE  
INCARNATE WORD

FEIK SCHOOL *of* PHARMACY

**CONTINUING EDUCATION**

*as a part of*



**controversies in clinical therapeutics**

**Presents**

## **APPLICABILITY OF CONTINUOUS GLUCOSE MONITORING IN NON-INSULIN DEPENDENT PATIENTS WITH TYPE 2 DIABETES MELLITUS**

**Presenter:** Capt Brennan Jacobs, PharmD  
PGY-1 Pharmacotherapy Resident  
Brooke Army Medical Center; San Antonio, TX

**Upon completion of this activity, pharmacists will be able to:**

1. Compare different continuous glucose monitors and their features
2. Recognize the goals of an ambulatory glucose profile report for patients with type 2 diabetes mellitus
3. Select an appropriate diet management recommendation based on a patient's post-prandial blood glucose readings
4. Recall the relationship exercise timing plays in post prandial

**Upon completion of this activity, pharmacy technicians will be able to:**

1. List the continuous glucose monitoring devices
2. Identify the minimum amount of time patients should wear a continuous glucose monitor to infer accurate results from the ambulatory glucose profile.
3. Describe the effects diet and exercise can have on glucose readings in patients with type 2 diabetes mellitus

**Date/Time:** Friday, May 5, 2023 from 2:00-3:00 PM  
**Location:** Live or Online Via Microsoft Teams  
**Room:** FSOP 533 or Click to [Join via Microsoft Teams](#)  
**CPE Credit:** 1.0 contact hours (UAN: 0445-0000-23-010-L01-P; 0445-0000-23-010-L01-T)  
**Activity Type:** Application-based activity  
**Target Audience:** Pharmacists and Pharmacy Technicians  
**Fees:** No fees; activity is free-of-charge  
**RSVP:** No RSVP required

**System Requirements: To access virtual programs, ensure your computer meets the following:**

**Operating System:** Windows 11, Windows 10 (excluding Windows 10 LTSC for Teams desktop app), Windows 10 on ARM, Windows 8.1, Windows Server 2019, Windows Server 2016, Windows Server 2012 R2.

**Browser:** Chrome (latest version), Firefox (version ≥ 52) Microsoft Edge, or Safari (version ≥ 11)

**Internet Connection:** Any type of high-speed internet service

**Peripherals:** Computer speakers or headphones with a microphone

**Memory (RAM):** Minimum 4GB (note: using minimum RAM may impact programs' functionality. At least 8GB RAM is recommended.)

**Processor:** Minimum 1.1 GHz or faster, two core

**Storage:** 3.0 GB of available disk space

The University of the Incarnate Word Feik School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program is designed for pharmacists and pharmacy technicians to gain knowledge related to continuous glucose monitoring devices. There are no fees for this application-based CPE program. The pharmacist or pharmacy technician will only receive credit for programs after receiving a 70% on a post-test and an activity evaluation form is completed and submitted through FSOP's Learning Express CE website (<https://uiwfsop.learningexpressce.com/>). For detailed instructions on how to use the site, see the link at [www.uiw.edu/pharmacy/alumni/cpe.html](http://www.uiw.edu/pharmacy/alumni/cpe.html). Participants will have six weeks to complete the post-test and evaluation form. The deadline to submit the post-test and evaluation form to obtain CE credit is June 16, 2023.

